



READY TO SWIM AT A COMPETITIVE LEVEL?

WANT TO IMPROVE YOUR SWIMMING SKILLS?

PARENTS, LOOKING FOR A GREAT YEAR-LONG ACTIVITY?

JOIN THE JR. KNIGHTS SWIM TEAM

Hosted by the Nicolet Rec Department and the Schroeder YMCA Swim Team, the Jr. Knights Swim Team provides an opportunity for youth swimmers to improve their skills and technique in a competitive team environment, while still offering plenty of fun and flexibility. Practices are held at the Nicolet High School pool.

White Team | Ages 6-8

- Mondays and Wednesday from 6:00-7:00 p.m.
- Must be able to swim 25 yards of freestyle and backstroke

Light Blue Team | Ages 9-12

- Mondays, Wednesdays, and Thursdays from 6:30-7:30 p.m.
- Must be able to swim 50 yards of freestyle and backstroke

Dark Blue Team | Ages 13+

- Mondays, Wednesdays, and Thursdays from 5:45-7:00 p.m.
- Prepares swimmers for high school swimming

FALL SESSION 2 REGISTRATION OPEN NOW

Scan the QR code to register



MORE INFORMATION

Visit our website:

<https://www.gomotionapp.com/team/wiwsac/page/swim-team1/novice-swim-programs>

Contact us:

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